

DECEMBER

Youth 85

Discover the Artist in You

Your Future
Starts
NOW!

Hidden Knowledge
By Herbert W. Armstrong

December

Youth 85

VOL. V, NO. 10

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COVER: Illustrator Neil Boyle demonstrates an oil-painting technique to an interested teen at the studios of Group West Inc. of Los Angeles, California. "Discover the Artist in You," starting on page 14, examines the colorful hobby of watercolor painting. Photo by Hal Finch.

Letters

Useful information

I'm 17 and I'm writing to tell you that I think your magazine is **FANTASTIC!**

I find *Youth 85* a magazine for all ages. It's filled with interesting articles and information that I've found very useful. It's easy to read and understand. Many of the articles have helped me put things into perspective.

Youth 85 has shown me how to put my knowledge to better use, and shown me why some things are right and some things are wrong. The articles have changed my mind about many subjects and have pointed me in the correct direction.

I'd like to express my appreciation for the opportunity to subscribe to *Youth 85* for another year. I plan to subscribe again and again.

Becky Pink
Leonard, Michigan

"Deals with things I am experiencing"

I'm writing to show my appreciation for *Youth 85*. I cannot think of the words to describe the inspiration it gives me. I would not change a thing about your magazine. It's just great. I like it because it teaches world history, Bible knowledge and godly principles. It deals with things I am experiencing. "Ideas Plus" is also a helpful section.

I'm 18 and was wondering if you had a magazine for the 20 to 30 age group.

Ronald Kinard
Charlotte, North Carolina

Yes, Youth 85 has a sister magazine written primarily for adults called The Plain Truth. It is a high quality, mass-circulation magazine, published in seven languages. To receive a free subscription, call or write to our office nearest you.

Age of perplexity and confusion

I think *Youth 85* is a great magazine for teens. In this age of perplexity and confusion, I'm so grateful there is helpful advice to gear a teen's life to the right path.

I first found out about this magazine from the public library. It's really worthwhile and, at the same time, pleasurable to read these inspirational articles. Even more, the fact that *Youth 85* is free extends its reach to a wider teen audience.

Youth 85, keep up your super job!

Quan My Tran
San Diego, California

The Hidden Knowledge

By Herbert W. Armstrong

Why so many different religions in the world? No two agree. Yet I suppose most feel that theirs is the one and only **RIGHT** religion.

And then there are the millions, religious and nonreligious, who, through modern education, accept the theory of evolution. Evolution is a theory **UNPROVED**, and by its very nature **UNPROVABLE**. Therefore it is another **FAITH** or **BELIEF**, even though most of its adherents may not think of it as a **RELIGION**.

Why do people *believe* whatever they do? How did they come to believe it? Do you know that most people never stop to ask themselves those questions?

Of course most who accept a religion were simply brought up to believe the particular religion of their parents or of their part of the world. They never made an examination of it, or of other religions, to **PROVE** whether it is true.

And that is true of most who accept the evolutionary theory of origins. That is, they were taught it in school — in college or university — and they simply went along with the others who were being taught it, and simply **ASSUMED** it to be truth.

Something lacking

But something must be lacking in all religions! For none has really made this a better world. None has shown us the **WAY** to a lasting world **PEACE**. None has

the answer to all the poverty, the destitution, the illiteracy, the filth and squalor of the hundreds of millions in Asia, Africa, South America — or the solution to the moral degeneracy, the tragedy of broken marriages and split-up families, the crime, the violence, the discontent throughout our supposedly educated and affluent Western world.

Not one of these religions — nor the evolutionists — nor modern science — has been able to explain *why* man is *as he is* — with the almost **AWESOME** human mind that can send men to the moon and back, but can't solve humanity's problems here on earth.

Do you know that there *is* a source that *does* explain all this?

There is a source that can be **PROVED** to be true — and it is the *only* source that can give us the answers. It is the source the Christian religion is supposed to follow, but *doesn't*! It is a source not followed by the Eastern religions — a source rejected by modern science. This very **REJECTION**

is the **REASON** that modern science offers **NO SOLUTION** for humanity's greater problems — the way to lasting world **PEACE** — the way to universal happiness,

prosperity and abundant well-being.

You can **PROVE** the existence of God, the Creator of all, the Ruler of all, and the Great Educator, whose revelation of **BASIC KNOWLEDGE** is the **FOUNDATION** of **ALL** knowledge, understanding and wisdom.

You can prove the authenticity and the **AUTHORITY** of the revelation of that Supreme God — which revelation we call the Bible. Why not write for the free booklet titled *Does God Exist?*

Why is there so much **MISSING** knowledge? Or, why is the most **VITAL** and important knowledge **MISSING**?

And on the other hand, **WHY** is there so much **MIS-knowledge** — so many fallacies, fables, untruths



Religious holidays are not the same in countries around the world. Why are there so many differing religions, even among professing Christianity? (Photo by Nathan Faulkner)

Not one of these religions — nor the evolutionists — has been able to explain why man is as he is . . .

being taught in the guise of fact or of truth?

Let me tell you, when you really let the true answer to those questions come into your mind, you'll be on the way to understanding this whole riddle of life — and the REASON for the really terrible and sickening conditions that exist on this earth today.

Some vital factors

Let me tell you some of the vital factors of knowledge that have been HIDDEN from this world — yes, hidden from the world's leading educators, hidden from modern science, hidden

from all religions, hidden from statesmen, heads of state and the world's rulers, hidden from the public — yes, and hidden from YOU!

One vital factor of knowledge hidden from the world is knowledge of the CAUSE of a lasting world PEACE — and, conversely, knowledge of the CAUSE of the lack of it!

Another vital factor of knowledge hidden from the world is the true MEANING of life — the PURPOSE for which humanity was put here on the earth. Another is the REASON why man can invent such marvelous machines, can fly to the moon, yet CAN'T SOLVE his own problems here on earth.

The Bible is our Maker's instruction manual — His basic revelation of necessary knowledge. And this book claims that ALL mankind, as a whole, is *deceived!* All nations are deceived. Listen! Let me show it to you. "The great dragon was cast out, that serpent of old, called the

deceive many. And ye shall hear of wars and rumours of wars: see that ye be not troubled: for all these things must come to pass, but the end is not yet.

"For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers [various or many] places. All these are the beginning of sorrows . . . And many false prophets shall rise, and shall deceive many . . . For there shall arise false Christs, and false prophets, and shall shew great signs and wonders; insomuch that, if it were possible, they shall deceive the very elect" (Matthew 24:5-8, 11, 24, Authorized Version).

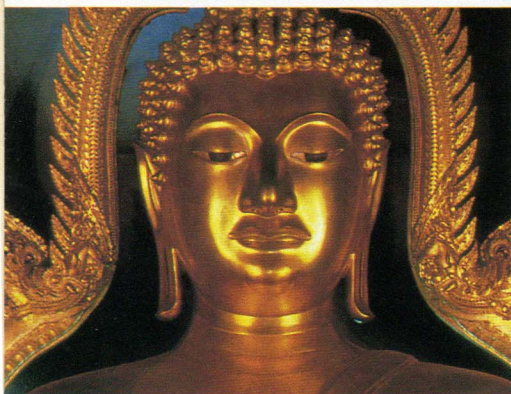
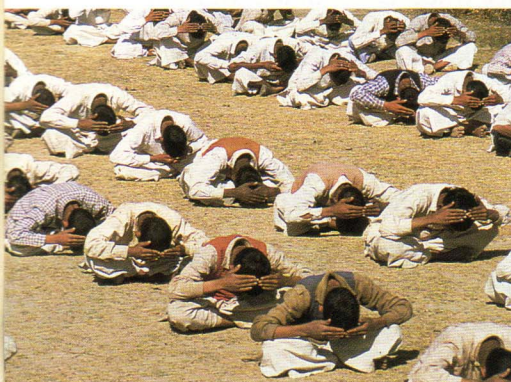
And notice the apostle Paul's warning to the gentile Corinthians: "... whose minds the god of this age has blinded, who do not believe, lest the light of the gospel of the glory of Christ, who is the image of God, should shine on them . . . for Satan himself transforms himself into an angel of light. Therefore it is no great thing if his ministers also transform themselves into ministers of righteousness, whose end will be according to their works" (II Corinthians 4:4, 11:14-15).

These passages represent Satan the devil as the archdeceiver of mankind. Probably most people today are deceived into thinking there is no devil. The very archdeceiver has deceived the world into thinking he doesn't exist and untold millions into thinking that God doesn't even exist.

Once peace on earth

Another important fact the knowledge of which has been hidden from the world is that there was once peace on this earth — peace worldwide — happiness, joy!

Originally this world was populated with angels — not humans. And that's another bit of knowledge hidden from most people today. So let us now notice the very first verse in all the Bible: "In the beginning God created" (Continued on page 23)



Photos — Image Bank: A. D'Araizien, Anne van der Vaeren, John Bryson, Tom Tracy

Why so many religions in the world? Most who accept a religion were simply brought up to believe the religion of their parents or of their part of the world.

Devil and Satan, who *deceives the whole world*" (Revelation 12:9).

Notice Jesus' warning: "For many shall come in my name, saying, I am Christ; and shall

Are You Sure Everybody's Doing It?

By Dexter H. Faulkner

"It's going against everything I believe in, but there's still this thought in my mind that it's going to happen, sooner or later..."

The letter was from an attractive teenage girl, a subscriber of *Youth 85*. In spite of the pressures of her friends at school, the permissive society we live in and the constant immoral bombardment of television and movies, she set certain sexual values and standards for herself.

But now, approaching her midteens, Cindy (not her real name) finds herself weakening. She is confused and worried about her fluctuating desires and feelings. Is she really old-fashioned in her thinking like some of the young men she dates say?

"They expect me to do things I go against. They expect me to go to bed with them, and when I tell them no, they tell me to grow up."

How would you answer Cindy? I've read and reread her letter and I believe there are more Cindys (and Susies and Tonys and Bills) out there than we might think — young people with moral standards they're having a difficult time upholding.

Who's old-fashioned?

Feeling good about yourself, whether male or female, and desiring to maintain a certain sense of self-respect is not old-fashioned. That's a natural and right emotion for every human being.

On the other hand, a lack of concern for others' future sexual lives is as "old as the hills" too. We didn't create sex and lovemaking in the 20th century.

Cindy continues: "As far as getting to do the same things as the other kids in high school, I believe I should wait and share my body with the guy I really love and devote my life to." How many of you guys when you're ready to begin a family and home wouldn't like to meet this girl? Or have you given up

Cindy is at a turning point in her life. She's being pressured into making decisions that she shouldn't have to face yet.

on there being any Cindys left?

"Everyone talks about making love, but it makes me sick. If they really loved each other, they wouldn't have someone else every other week." Very perceptive, Cindy.

Is what's going on out there really love, or is it

the not-too-cleverly disguised counterfeit *lust*? Too often it's lust — a total lack of real love and concern for another.

Everyone needs to love and to be loved, and not just by one's family. As Cindy matures physically she realizes that more and more.

"Maybe I'm just lonely. I need someone to hold me. I want to feel like someone really loves me. And



Photo by G.A. Belluche Jr.

sometimes parents, family and friends don't fill that longing. What should I do?"

Cindy is at a turning point in her life. She's being pressured into making decisions that she shouldn't have to face until she is out of her teenage years.

But this is the real world. You young people are being forced to grow up quickly. You're being expected to make adult decisions daily, not only by your friends, but by adults. Why is Cindy at her tender age alone with young men so immature in their thinking that they've labeled her body some sort of personal sexual experimentation zone?

And you young men, realize that there are certain girls who will experiment with your feelings and cast you aside like an empty soft drink can. That's the way you feel afterward: crushed, empty and used — a worthless piece of litter.

They'll compare your performance with others. You're just someone for them to make fun of with their friends. A humiliating experience? You bet. One that neither you nor anyone else, no matter what age, should ever have to suffer.

Be wary. It's an experience that can pervert your feelings about the opposite sex and affect your sexual life, even in marriage.

A gift from God

Sex is a beautiful

gift from God. These warm, titillating sensations didn't just evolve from nowhere. Those almost overpowering needs for love and companionship were put there for a

divine purpose. God meant for you to experience them. He's not trying to keep you from having a good time. His guidelines are so you can experience to the fullest extent what He designed for you to enjoy.

Does that sound a bit strange to you? Haven't you sometimes felt that God doesn't want you to have

You young people are being forced to grow up quickly. You're being expected to make adult decisions daily . . .

fun? That isn't true. God isn't like that.

Do you know what God really wants for you? He wants you to be the attractive, healthy, wholesome, talented person you hardly dare to dream about. Well-balanced, popular with both young and old — that's what He wants for you. He wants you to be looked up to and respected. He wants you to find the most wonderful fellow or girl to date and finally marry. He wants you to experience the most satisfying, exciting sexual moments with that person that can be experienced. He designed you to have that kind of life.

The problem is most people don't believe it. Their thinking is all turned upside down. They think moral guidelines are there to keep them from full enjoyment of their senses. No, they're there to protect, to shield from what would certainly ruin those beautiful years ahead.

Hanging in there

Cindy, I hope you hang in there.

I hope Cindy doesn't make the big mistake she's seen her friends make — the unwanted pregnancies, the ruined lives. It won't be easy. It's easier with parental support, but in many instances teens are not getting this support because parents are confused too. Many have just given up on their kids. I'm sure Cindy's parents would be surprised to know how she really feels.

But, teens, give your parents a break. They find talking to you about sex is one of the hardest things they have ever tried to do.

So they procrastinate. Finally when they realize you're past puberty and growing up fast, some self-consciously offer you, male or female, birth control advice. If that's happened to you, I'm sure you felt confused. You may have wondered: What are my parents trying to tell me? Is it OK to do it as long as I don't get pregnant or, if a fellow, if I don't get someone else pregnant?

Parents mean well, but many times they have been intimidated by the society we live in. Parents are pictured by the media as fumbling, bumbling fools



who are having little success governing their own sex lives, let alone those of their children. And parents have come to believe it.

What a travesty. If parents have made serious mistakes, that should be all the more reason to instruct their children and to try to protect them from the same pain.

Young people, if you're determined to have that bright future that can be yours, the one that God has designed for you to have, you're going to have to take charge of your own life and have a plan.

If well-meaning adults, doctors, nurses or parents, offer you birth-control aids, realize their motivation is to protect you. But also know that sexual intercourse is much more than the physical act they imply. Sex before marriage is not OK, even if nobody gets pregnant or contracts a venereal disease or STD as they call them now.

Sexually transmissible diseases — I guess that sounds nicer. But there's nothing nice about contracting one or several of the horrible venereal diseases that are rampant in our society today.

It won't be easy

In today's society, saying no to sex is not going to be easy in every circumstance. But, remember, nothing worth having is ever easy to attain. It takes personal courage and determination on your part. We're sexual beings. Sex is a most powerful driving force in our lives. Respect that

force. Don't underestimate its power in your life.

Put off until later going out on dates by yourself, just the two of you. Save this one-on-one dating for when both you and your date are older and are ready to consider the responsibilities of marriage. Your youth should be a time to have a relaxing good time with a group of friends without the oftentimes embarrassing discomfort and awkwardness of a single-dating relationship. Save that for later when you're more socially experienced.

And, right along with that, of course, don't go steady. Dating only one person multiplies the pressure on young people to have sex. I mean, after hundreds of hours alone with one another, you can find it difficult to maintain your moral standards. You have the freedom, while you're a teenager, to get to know and learn about the personalities and likes and dislikes of a lot of people. So why settle down and parrot adults, developing an old-married-folks image? You're cheating yourself. You'll only be a teenager once.

Get involved in positive activities that you can enjoy with a lot of young people. Spend time developing your skills in some sport or activity that will put you in good stead with everyone. Make some money; learn how to enjoy your work. Spend enough

time developing some skill that you know you're good at it.

You may be alone while you're developing certain of your talents, but believe me, once you've done it, the sense of self-respect you feel and the recognition of your abilities by others is well worth the price. Be the best at whatever interests you the most.

Avoid frustration

Did you know the lovemaking that precedes actual sexual intercourse is a part of that sexual act? This touching, prolonged kissing and fondling is a vital, integral part of sexual intercourse in marriage. God did not intend for people to indulge in these acts before marriage — another good reason not to date alone or go steady.

Such lovemaking was designed by the Creator God to heighten the sensations of the physical union of two bodies. To try to experience as much as you can and go as far as you can without going all the way, kidding yourself that you are not doing anything wrong, is stupid — and frustrating too.

Some older teens, after deciding they're ready for marriage, justify their sexual activities by convincing each other they are just checking out their sexual compatibility before they marry. Oh, really?

Sexual compatibility is developed over a period of time. Not taking this into consideration can make you believe you're not

compatible. Many a close relationship has been ruined by introducing sex into it prematurely. You can lose a person you love deeply that way.

Remember, whether male or female, to respect that sexual drive in your bodies and realize you can't play around with it and not get hurt in a very intimate, devastatingly painful way.

Avoid pornographic literature and movies. Pornography distorts your perception of sex, and an obsession with it can pervert your mind into weird notions of what sexual enjoyment is all about. Pornography and the abuses that often go along with it dull sexual senses and steal pleasures awaiting you in marriage.

Also avoid destroying your sense of good judgment with alcohol and drugs. Don't ruin your entire life for one evening of chemical euphoria.

Those of you who have already made some mistakes, chalk them up to learning the hard way. But learn the lesson, don't keep repeating the same mistakes. You can straighten out your life.

Try to talk to your parents about your feelings. Ask for their support. They may not understand that when they allow you to be alone and unchaperoned with a friend of the opposite sex, they are placing you in a compromising (*Continued on page 24*)

**We're sexual beings. Sex
is a most powerful driving
force in our lives.
Respect that force. Don't
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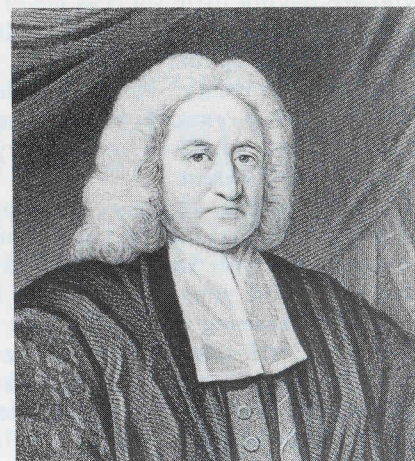
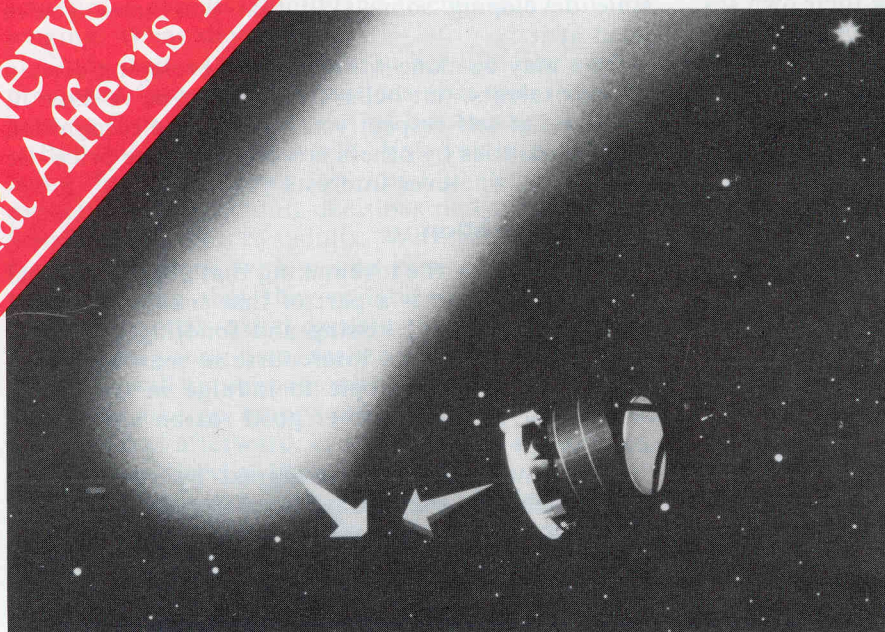


Illustration (left) courtesy European Space Agency; Illustration (right) by the Bettman Archive

Sir Edmund Halley (above), the first to predict the comet's return. Left, arrows show movement of the spacecraft Giotto and Halley's Comet as they move toward their March 14 meeting.

Here Comes the Comet!

• It's here!

If you look in the right spot, at the right time and from the right place, you can already see it. Halley's Comet is back, after a 75-year journey that took it to the edge of our solar system.

Astronomers say Halley's Comet may be visible to the naked eye this month, although the best viewing will be in March and April of next year.

The comet can be seen now in the southern sky in the evening. Its height above the horizon depends on where you live. North of the equator, it will appear low in the sky. South of the equator, it will appear higher.

In February, the comet will pass behind the sun, and so it will

not be visible from earth. When it is again visible, it will be in the morning sky.

You may need binoculars to see it, especially if you live in a big city or in the Northern Hemisphere. The comet is expected to be dimmer and have a shorter tail than when it was last in the neighborhood in 1910, so it will be harder to see.

Halley's Comet will be most easily visible south of the equator. Readers in Australia, New Zealand, Africa and South America will have the best view. Many people from the Northern Hemisphere are making plans to go south so they can see it better.

A comet consists of a coma (or head) and a tail. The coma of

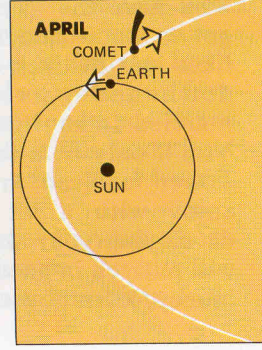
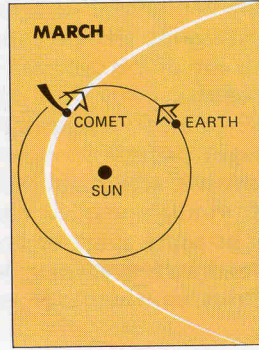
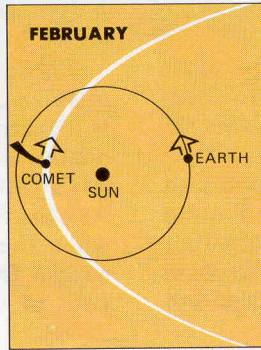
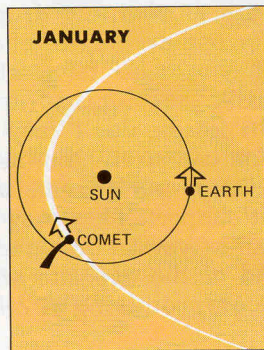
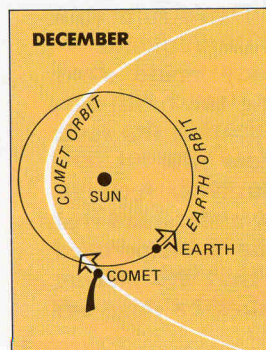
Halley's Comet is estimated to be about three miles (five kilometers) in diameter.

A comet's tail is created when the solar wind, a stream of particles emitted by the sun, forces particles off the surface of the comet. That is why a comet's tail will always be pointing away from the sun.

Halley's Comet has been observed a number of times in the past. The oldest recorded sighting is thought by some to be by the Chinese 3,000 years ago.

When will you get your next chance to see Halley's Comet? Since it returns every 75 years, you can expect to see it with your grandchildren in the year 2061. □

Illustration by Ron Grove



Killer Bees Reach U.S.

aren't the first wave of the invasion, bee experts feel the main force isn't far behind. — By Lowell Wagner Jr. □

• Killer bees have been the subject of jokes and bad movies for a long time. But now that they've made their first appearance in the United States, Americans are taking them a little more seriously.

The first colony of Africanized bees — also called killer bees — was discovered last summer in California. Not expected until 1988, they caused quite a stir.

California State Food and Agriculture Director Clare Berryhill feels the bees got into the country in a shipment of oil-well-drilling equipment.

From this original colony, several other swarms split off to form new colonies. Most bee experts feel this small group of bees will be absorbed into the population of domesticated honeybees already in the area.

But the whole episode underscored just how vulnerable farming is to an invasion of Africanized bees.

The bees are descended from some African bees that escaped from a breeding program in Sao Paulo, Brazil, in 1957. Since then, they have been heading north, pushing out the local bee populations as they go.

Africanized bees have been blamed for stinging to death more than 150 people. This has earned them a reputation as killer bees.

Another threat the bees pose is one that has farmers concerned. Many crops are dependent on European bees for pollination. For several reasons, Africanized bees don't pollinate crops as well as European bees. In countries where the Africanized bee has replaced local bees, production of some crops has dropped.

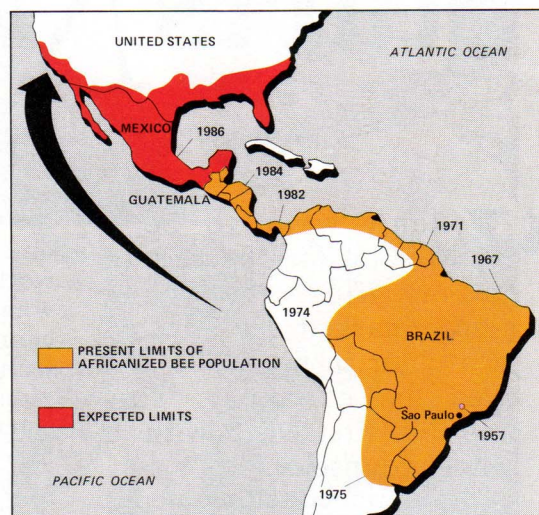
But the biggest threat to farming isn't the Africanized bees themselves. It's a microscopic

brown mite that most Africanized bees carry.

"That's the biggie for the bee industry," says one bee expert. "If you find the Africanized bees, you can kill them. But the mites spread all over."

This mite can have a deadly effect on European bees. The mite could spread to parts of the United States where the Africanized bees themselves could not possibly live.

Even if these California Africanized bee colonies



Wrestle Mania

• "I know that [professional] wrestling isn't real, but I like to watch wrestling as an entertainment," one *Youth 85* reader wrote. "Is it wrong to pull for a wrestler when the object of wrestling is to beat up someone?"

Says Dr. Thomas Radecki, chairman of the National Coalition on Television Violence, "When thousands of fans gather to watch brutal kicks, yell for gore and scream for vengeance, they become desensitized to violence and more likely to explode into anger and loss of temper in real life."

In emotional outbursts, some fans have attacked and injured wrestlers. One wrestler, listing some of these experiences, said: "A 75-year-old man cut my brother's throat from ear to ear while he was leaving the ring. An old woman attacked me with an umbrella and cut my head open."

Although it's commonly known that wrestling matches are staged,

including who wins, the wrestlers do all they can to make their acts look genuine. Fake punches

accompanied by a loud slap on the thigh, capsules of red dye that burst to simulate blood and a well-rehearsed plot are all part of the game.

Some of the violence is real. Occasionally, wrestlers lose their cool or misjudge their strength. There have even been deaths.

For the most part, wrestlers try to avoid hurting one another. One ex-wrestler explained, "The usual sign from one wrestler to another, if by accident a hold should become painful, is a slight tap with the finger on the leg."

So why do professional wrestlers wear outlandish costumes, insult one another, bite, scratch, kick, gouge and maul? Because their salaries depend on the size of their audience. Said one professional wrestler, "If we gave people collegiate or international or AAU (Amateur Athletic Union) type wrestling, the arenas would be empty." — By Robert C. Taylor □

Your Future Starts NOW!

By John Williams

"I don't want to be a busboy for the rest of my life," the young man remarked. He fidgeted in a chair in my office and eyed me nervously. This was his first visit with a school counselor.

He continued telling me his brief work history and school experience. "I feel like I've run into a brick wall," he said. "I just feel stuck. I don't know what to do."

This young person's plight is

the same one many thousands of other young people around the world must face. In countries where both educational and career opportunities — along with the freedom to choose — are plentiful, choosing the right career can be seemingly impossible.

Joe, as we'll call him, knew he wanted to do more with his life than clean tables. But he also knew he did not have the tools to make a wise career choice.

What about you? Do you understand the career development process? Are you developing career self-awareness? This process is life-long, but the teen years are the prime time to lay a foundation for wise career and educational decisions. Even the early teen years are not too early to begin thinking about your career.

You should begin choosing your career now. Don't wait until you "run into a brick wall," as Joe called it, to be shocked into good career planning.

Taking stock

Good career decision making starts with you. Who are you? What are your talents, skills and abilities? Each of us has our own skills, interests, personality traits and level of intelligence. Understanding these personal

characteristics is an important key in career choice.

Youth 85 Editor-in-Chief Herbert W. Armstrong recounts how he embarked upon a structured vocational analysis as a teenager at the turn of the century. Mr. Armstrong read Frank Parsons' book *Choosing a Vocation* and put the lessons he learned to use in his life. Dr. Parsons' approach to understanding skills and interests is still widely used by many of today's career counselors.

Career counselors have a number of ways to help you analyze your character traits and interests. For example, career-interest tests link your traits with career fields where those traits can be used. Consult your guidance counselor, a college counseling center or your employment office for information. Your school or public library and a bookstore may also be good sources to check.

Career awareness

Perhaps you have heard of the square-peg-in-a-round-hole syndrome. Too many people work in jobs where the demands of the job are not matched to their personal traits. The results, all too often, are dissatisfaction, burn-out and hopping from job to job. Good career planning matches the right person with the right career.

As you increase your self-awareness you must also increase your knowledge of what particular careers are like. Many career information resources are readily available.

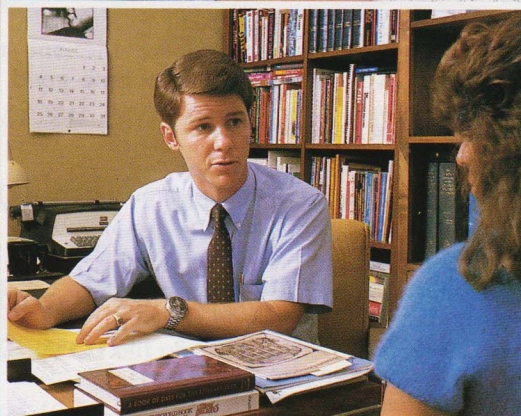
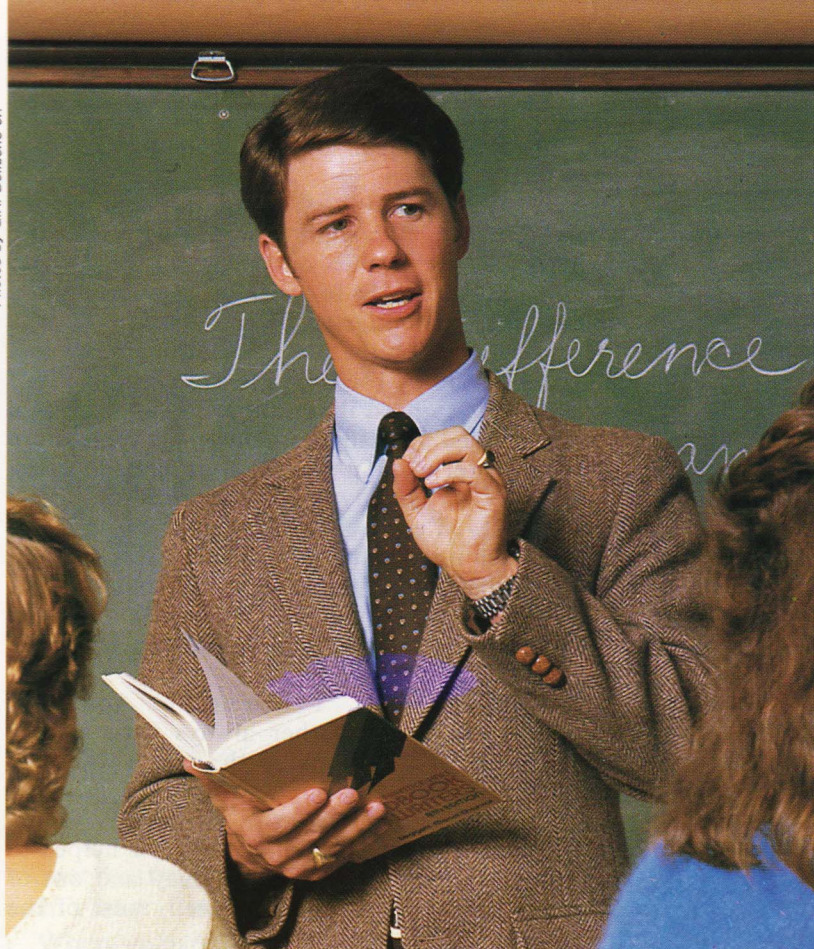
In the United States, three excellent sources of career information are the *Occupational Outlook Handbook*, the *Guide for Occupational Exploration* and the *Dictionary of Occupational Titles*. All of these are published by the U.S. Department of Labor. They may be found in school and public libraries and in employment offices.

Field trips to job sites and personal interviews with people in a variety of careers are excellent ways to obtain career information.

(Continued on page 23)



Don't be a square peg in a round hole! If your talents don't fall in the category of busboy, why not find out what careers would fit you? (Photo by Hal Finch)



What Students Wish Teachers Knew

By Vicki Thomas

Have you ever had a bad teacher? What makes a teacher interesting and effective?

I remember two teachers I had in high school.

The students in the first teacher's class made games out of seeing who could miss the most classes or come in the latest.

Instead of listening to the teacher's lecture, the students wrote letters, talked or slept through most of the class. The homework was rarely turned in, and so the grades were quite low.

What's amazing is that most of the same students took the second teacher's class, but you wouldn't know it. Students in this class were rarely late or

missed class. They always listened attentively, took pages of notes a day and really participated in class discussions. Because of all this, there were few low grades in the class.

What was the difference between these two teachers? Why was one so much more effective?

You may be saying, "I'm not going to be a teacher, so how could this be important to me?"

But we'll all have to teach somebody sometime. Have you ever wanted to be an instructor or counselor at a summer camp? Those jobs require teaching skills.

Or you may get involved in helping teach

youngsters at church. On your job someday you may have to train a new employee. Someone may see you playing a sport or involved in a hobby and ask you to show them how.

In day-to-day life, you are sure to be asked to teach from time to time. And when you're faced with teaching someone, wouldn't you rather know how to be a good teacher?

There's another area where most of us will become teachers someday — when we become parents! Teaching our children will be a 24-hour-a-day, seven-day-a-week, full-time job. We, as potential parents, will be responsible for the backbone of our child's education, not only of his or her mind, but in social, emotional and spiritual areas as well.

So, what was it that made the one teacher so effective? And how can we become good teachers?

Importance of respect

The first point that made the teacher stand out as a good example was respect. That teacher had a lot of respect for his students. If we had a busy week or if another teacher was giving a hard test, then he would give us less homework. In turn, we would always turn our homework in on time.

The class also knew to respect his authority and to listen while he was lecturing. I remember a couple of kids wanted to see how far they could push him by acting up in class. That was the first and last time they played that game. He showed them who was in control.

That wasn't necessary too often, though. He didn't have to demand our respect — he got it out of our desire to please him. He let us know he was interested in us and had important information we needed to know. His enthusiasm rubbed off and we gave him our complete attention.

When I was a senior in high school, I began working at a day-care center in our town. I didn't think it would be that hard — all I would have to do is watch the well-behaved (I assumed) youngsters play. Wow, was I wrong!

The first thing my boss did was hand me a piece of paper where I was supposed to write down the lesson plans for the class I was to be teaching. Within two seconds I went from playground monitor to teacher at large!

Be organized

Why am I telling you this? This is where I learned

the second point of how to be a good teacher: Be organized. Make a plan of how you want to run things and stick to it.

One of my first activities at the day-care center was baking bread. I thought it would be a learning experience and yet fun. So, on the day of the activity I brought all the tools to work. I also brought a recipe — one I hadn't tried before.

I learned my lesson that day. Something happened along the way and by the time the bread came out of the oven it was so hard it could have been used as a doorstep! I ended up going home to make some more so that the center wouldn't be sued for damage to the children's teeth. If only I had planned ahead, it would have saved a lot of time.

When teaching, you need to make a step-by-step outline of what you want to accomplish and what your goals are. You must be sure you know your subject before you can teach it.

I remember that my mother always kept a little book with everything she wanted to do each day and what she wanted us to do. Having these goals helped to keep us all busy and out of trouble — well, most of the time.

Make learning fun

Another thing I learned from the effective teacher is to make learning fun. We had class discussions, watched interesting movies and gave little presentations. Changing the pace helped to keep the class motivated.

When learning is made fun, you learn and remember more because you associate it back to the fun

activity. By doing this you will recall what you need to know and be able to apply it to your life.

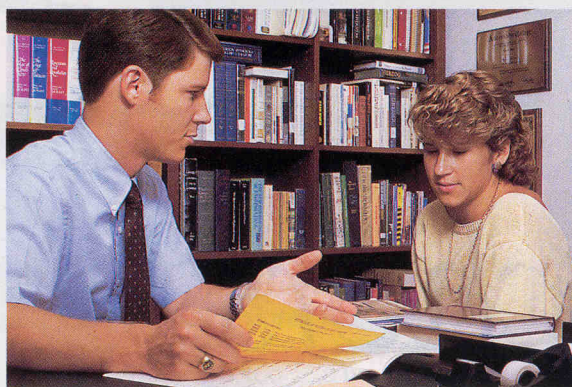
I tried to use this principle at the day-care center because children of the age group I taught are easily distracted and their attention spans are quite short. I would take what might be a dull subject like numbers or shapes and make a game out of it.

These are only three of the things that go to make an interesting teacher. You may want to write to *Youth 85* (soon 86) and let us know what characteristics you feel are most important in a teacher.

Teaching isn't an easy job. As a former teacher explained it, being a teacher must be harder than being a student: Why else would there be so many good students and so few good teachers?

Since we all have a chance to be teachers from time to time, why not use these tips to be one of the good ones? □

**We'll all have to
teach somebody sometime.
Wouldn't you rather know
how to be a good teacher?**



A Bird in the Hand

By John Halford



This family of doves made a special place in our family's hearts.

It all began when our barbecue fell down. It was an ugly stone monstrosity, and we really didn't like it anyway.

When we had carted it away, it left quite a hole in our backyard. We decided to fill it with something a bit different — an aviary, a big outdoor bird cage.

I built a frame with lumber and covered it with chicken wire. I made a door, some perches and a sheltered box. (Birds don't like drafts, I was told.) Now all we needed was to get some birds. We thought that it would be nice to fill the aviary with exotic, colorful tropical birds.

The pet shop had a cage full of little parrots, bright green, with purple heads and red tails.

"How much are they?"

"They're \$80..." said the salesgirl.

"We'll take them."

"... each," she added.

"Er... how about those?" We pointed to a pair of multicolored lovebirds.

"They're only \$60," she said.

"For both of them?" I asked hopefully.

"Each!"

"Have you got any *ordinary* birds?" I asked.

"Well, we have a special on doves at the moment. Only \$9."

"Each, I suppose."

"No, that's for a breeding pair."

That sounded more like it. They weren't colorful or exotic. But they *were* birds. We bought them, along with an instruction book and some birdseed.

The doves quickly adjusted to their new home.

A "somewhat inferior nest"

One morning we noticed they were busy gathering up bits of twigs and straw and carrying them into the sheltered box, and we realized they were building a nest.

Frankly, it was a pretty awful nest — just a pile of scraps heaped together. They looked like they needed some help. We put some more twigs, cotton scraps and straw in the box, but the doves promptly kicked them out. The instruction book said, "Doves build somewhat inferior nests." These doves obviously believed in following instructions.

Inferior or not, the female eventually laid several small white eggs in the nest, and the two doves took turns sitting on them. Nothing happened for several weeks, until one day, we noticed something poking out from the ragged pile of twigs. The eggs had hatched.

There were two dove chicks in the nest — ugly little things with big heads, huge eyes and no feathers.

Those ugly little chicks stayed securely in the nest with mother or father sitting on them, feeding them and keeping them warm for a long time. We rarely saw them, but on the few occasions when the parents left, we risked a quick look.

They were growing up. First a gray stubble, then fluffy feathers began to grow. They began to look like birds — sort of. They were utterly helpless, but the parents seemed to know what they were doing. We decided they didn't need our help.

We were wrong.

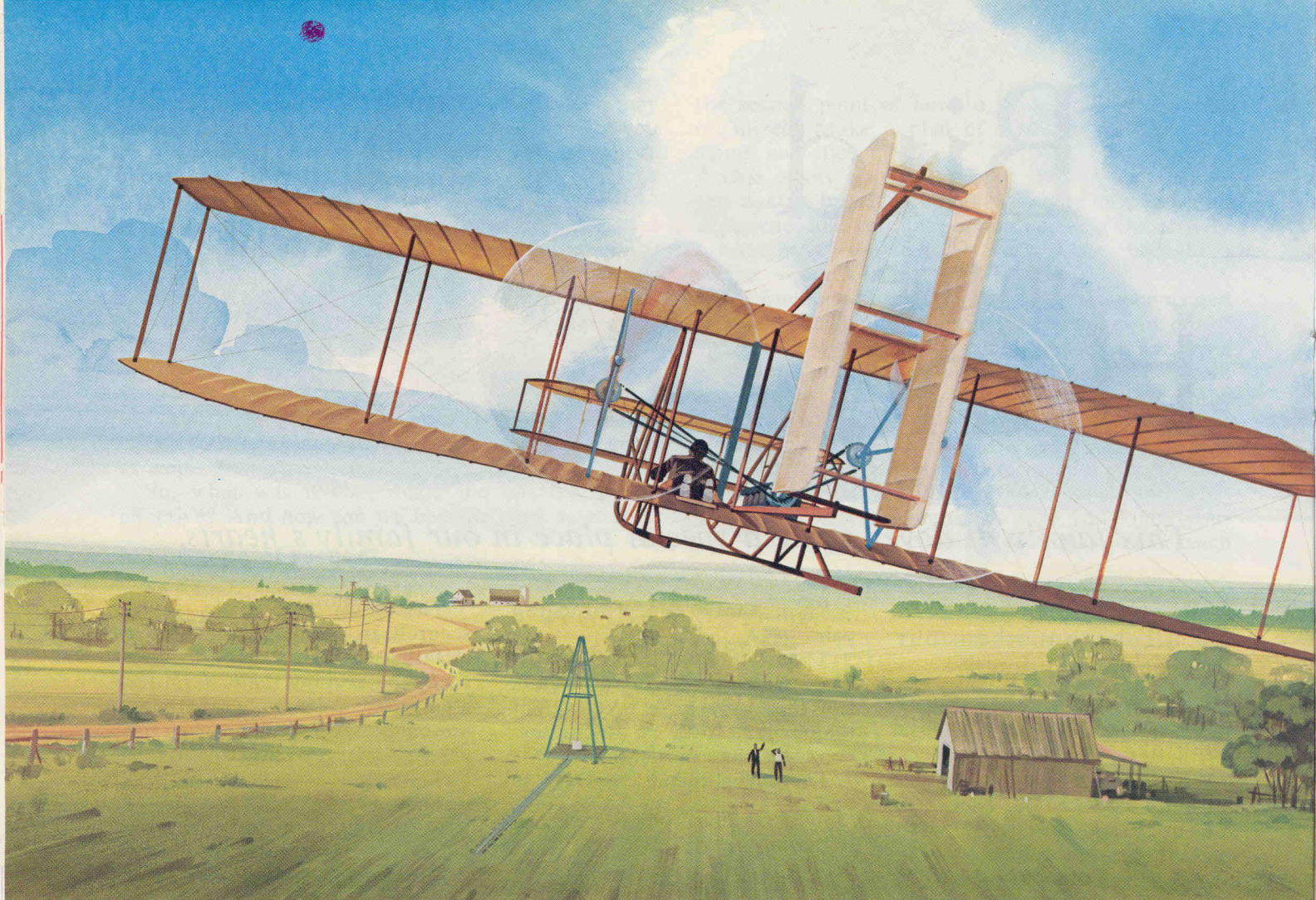
Tragedy strikes

One morning we awoke to a minor tragedy. During the night, one of the chicks had struggled to the edge of the box and fallen out. It had landed face down in the water bowl. The mother dove was perched on the side of the bowl, hopping up and down frantically, but it was too late. Her baby had drowned, and there was nothing we could do about it.

I realized that, no matter what the guidebook said, our two doves needed some help in child rearing. So I built a guardrail around the platform. The surviving chick could now move about safely, and even take a look at the outside world — a world it wasn't quite ready for yet.

One day this little chick fell
(Continued on page 24)

Photo by Warren Watson



Do You Have the 'WRIGHT' STUFF?

By Paul Kurts

*The Wright brothers' conquest of the air didn't come easily.
With hard work, you too can accomplish great things!*

Kitty Hawk, North Carolina. Dec. 17, 1903.

It was a bitterly cold and windy day. Only a handful of observers came out to watch what many thought would be the Wright brothers' failure.

Orville Wright climbed in the awkward looking machine and Wilbur started up the new

Wright engine. Then it happened — the feat men had dreamed of for so long — man flew through the air in a plane powered by its own engine!

That history making first flight only lasted 12 seconds. But it was the fulfillment of their dream of many years, and tears of joy streamed down Orville's face. Wilbur hurried to congratulate

his brother as their invention came to rest 120 feet from where it had left the ground.

They had achieved their goal. It hadn't been easy. It took the character of two men working in harmony. It took a will. It took a spirit. It took courage.

The modern marvels of air travel — with commercial aircraft such as the Concorde being

After their tests at Kitty Hawk, Wilbur and Orville Wright continue to work hard to improve their invention at a farm near Dayton, Ohio. (Illustration by Ken Tunell)

able to fly faster than 1,000 miles (1,600 kilometers) an hour and a military plane, the Lockheed SR-71, flying more than 2,000 miles (3,200 kilometers) an hour — had its humble beginnings in that flight achieved by Wilbur and Orville Wright.

Inspiring story

The story leading up to their historic flight is as incredible as it is inspiring.

As boys, Wilbur and Orville were keenly interested in the how and why of things. Their parents encouraged this curiosity, and it developed into mechanical skills that made their conquest of the air possible.

As a teenager, Orville decided to print a small newspaper. Not having enough money to buy a press, he decided to build one. His older brother Wilbur, who had withdrawn from the outside world for several years after a severe sports injury, was coaxed into helping him. (This was probably a big help in Wilbur's recovery.)

Together, the brothers built a press quite unlike anything on the market — but it worked! Using firewood instead of lumber, scraps of metal from junkyards and the top of an old buggy, they overcame the money obstacle. A press foreman who examined their machine muttered, "I still don't understand *why* it works."

From their interest in printing, the Wright brothers turned to the inspiration of the day, bicycles. They sold them, repaired them and then even designed and built them.

These young mechanical experts weren't slowed down by obstacles and lack of money. If they couldn't afford a tool, they would make their own. They made various improvements on the bicycle, including inventing a safety brake. When Orville got impatient with the office machin-

ery of the day, he sat down and invented a calculating machine that could add and multiply.

The Wright brothers simply refused to be defeated by circumstances. They would not quit. Once a goal had been set, they worked with unbending perseverance until they achieved it.

Getting off the ground

Over the next few years, the brothers began to develop a new interest. They avidly read about the experiments of various would-be fliers. Otto Lilienthal, a German inventor, had been experimenting with hang gliders for years, and they read everything they could about his ideas. His tragic death while trying to fly one of his inventions deeply saddened the brothers.

As they discussed the complex problems involved in flight, the brothers found some serious mechanical mistakes Lilienthal and others had made. They decided to work to correct them. They would argue with each other, but each would admit his error when he saw that he was wrong.

Wilbur and Orville felt that if they were going to make a flying machine, they could learn some valuable lessons from the best fliers around — the birds!

They began testing various ideas, developing rudders and other devices to control their aircraft. Then they spent several years of building, testing, crashing and rebuilding gliders. Somehow they survived these tests, and decided on the best design for the engine-powered plane they were to be the first to build.

Now they faced another problem: What good is an engine-powered plane without an engine? No company of the day would build exactly the engine they needed. So, they decided to design and build a lightweight engine themselves!

Then a string of problems with the propellers held them up more than a month — pushing them into the bad-weather month of December. After an unsuccessful attempt on Dec. 14, 1903, the

weather turned bad and it looked like they would have to wait another year.

In spite of gusty winds the morning of Dec. 17, the brothers decided to try again — and the rest is history. Their years of hard work and struggle paid off, and man was on his way to conquering the skies.

Lessons for us

Sure, someone else would have invented the airplane if the Wright brothers had not. But no one would have done it who did not possess these undefeatable qualities the brothers displayed:

Their goals were set and sure. They spent time in learning and preparation, mentally and physically. They constantly pushed and drove themselves — they didn't take their eyes off the final goal.

They were resourceful — they had to be. They couldn't just go to some parts house and buy what they needed! Another principle they applied was perseverance, or stick-to-itiveness.

These principles have been used, not only by the Wright brothers, but by everyone who has been successful. They are explained clearly and in detail in a valuable booklet available to you at no cost, just like this magazine. Just call or write the Youth 85 office nearest you, and ask for the booklet, *The Seven Laws of Success*. The addresses and phone numbers are on the inside front cover.

The booklet also mentions an additional principle that most successful people of the world haven't applied, but one that makes all the difference in the world. That principle is contact with God.

You can know that the great God in heaven is interested in you and wants you to succeed. With your determination and the help of God, you will be a success.

So set your goals high. Know you can do it with God's help.

It won't come easy. Nothing worthwhile ever did. But keep striving and one day your goal, just as Wilbur and Orville Wright's, will fly! □



By Robert C. Taylor

Here's a colorful hobby that could reveal another side of you.

Imagine a painting hanging in your living room. In your mind's eye, picture a wooded scene with snow-capped mountains in the distance and young deer grazing next to a sparkling stream in the foreground.

Now imagine that you painted it!

A bit unrealistic? Maybe right now. But it doesn't have to be. With a few basic materials, a little instruction, some imagination and a lot of practice, you can produce some beautiful watercolor paintings.

If you have ever admired the carefree nature scenes or magazine illustrations done with this art form, you know that the hobby is certainly worth looking into. With watercolors, your imagination is your guide to every scene you create.

Not only are watercolors challenging and rewarding, but they help the artist to see things in a different way. Watercolor artists learn to recognize and appreciate the details in their surroundings. After you paint a cedar tree, you know a lot more about cedar trees. Painting landscapes and



DISCOVER THE

Artist

wildlife teaches the artist how things are constructed and how colors and textures are combined in nature.

It takes practice to create fine watercolor paintings. Those who think they can just buy the materials and then sit down and create a masterpiece are setting themselves up for disappointment. However, once the basic techniques are understood, the beginner will note improvement with each new painting he or she produces.

To give you an idea of how

a painting is created, we will outline the steps artist Colin Wallace used to make the deer painting shown at the top of the facing page:

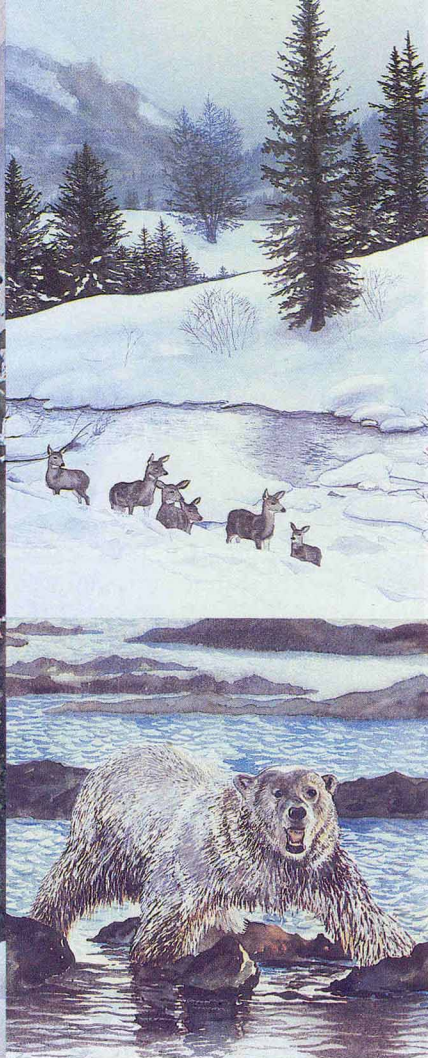
First he taped the paper to a flat surface.

Using a photograph as his guide, Colin sketched a faint pencil outline to indicate the size, location and details of his subjects.

The background (sky, hills, trees) was painted and allowed to



To give these watercolor paintings detail and realism, artist Colin Wallace carefully studied his subjects beforehand to become familiar with their shapes, colors and textures.



school? He or she may be able to help get you started. Several good books have been written that explain techniques in detail. One of the best books for beginners is *Watercolor Painting Techniques* by David Lewis. Check your library to see which books are available.

If you enjoy colorful art, why not give watercolors a try? It could turn into a fun, rewarding and profitable pastime! □

When painting with watercolors, it is best to use quality materials. Cheap paper buckles and wrinkles easily. Low-quality brushes soon lose their point. Quality materials help give the artist proper pride in his work.

Here's a sample list of materials for someone just starting out with watercolors:

Cold-pressed paper (140-pound stock); brushes (#0 for fine details, #2 for general use, #8 for large areas, a one-inch brush for washes and an old toothbrush for spattering); masking tape; a soft-lead pencil; a palette (for mixing the paints); a container for water (an old saucepan or a widemouthed jar will do); paper towels or tissues; a kneaded rubber eraser; scrap paper for tests; and, of course, paint.

A starter set of colors may include warm sepia, yellow ochre, Prussian blue, alizarin crimson, cadmium yellow light, French ultramarine blue and burnt sienna. These colors can be mixed to create other hues. □

IN YOU

dry. To make the background seem more distant, Colin later added a thin veil of purple.

He then put shadows and texture in the snow and included trees in the midground. The stream and barren shrubs were added.

Colin then painted the deer, doing the same part of each deer at one time.

At last, the finer details, such as the footprints in the snow, were put in place and the painting was signed and dated.

Colin gained an interest in watercolors during his last year of high school and developed his

skill during his free time at college. During that time, many of his paintings were featured in an art exhibit, and several paintings were purchased.

If you would like to learn more about watercolor painting, why not talk to the art teacher at your



Although the residents of Guadeloupe enjoy a comfortable climate, white sandy beaches and a peaceful rural society, they are not on an eternal vacation. Responsibilities are many. Cities, such as the one pictured lower left, are usually on the coast. (Top left photo by Jeff Patton; others courtesy of authors)

Like an oddly shaped butterfly, Guadeloupe spreads its wings in the Caribbean Sea about 370 miles (590 kilometers) north of Venezuela.

These tropical islands were discovered by Christopher Columbus in 1493.

Originally occupied by the Arawak and then the Carib Indians, Guadeloupe has been conquered by the Spanish, English and French. The French, who first settled here in 1635, gained final possession.

Guadeloupe was made a department (large administrative district) of France in 1946. The culture is distinctly French. Most of the people are of a mixed black and white origin.

Guadeloupe consists of two principal islands separated by a narrow strip of sea (these form the butterfly shape), and various smaller dependencies: Marie-Galante, Saint-Barthelemy, La Desirade, Les Saintes and the northern part of Saint-Martin.

The eastern wing of the butterfly is the large island called Grande-Terre. Basse-Terre forms the western wing.

In 1976, La Soufriere, a volcano on Basse-Terre, erupted, causing more than 72,000 people to leave Basse-Terre and flood over into Grande-Terre.

Schools in Grande-Terre had to operate in two shifts to handle the additional students. Of course, people from Basse-Terre experienced financial hardship because they were unable to work. The whole ordeal lasted about three months.

Basse-Terre is called the "market garden" of Guadeloupe. Bananas, vanilla, cinnamon, nut-



What's It Like to Be a GUADELO

meg and other spices are grown there for export to Europe. The production of sugar and its by-products — rum alcohol and molasses — takes place chiefly on Grande-Terre. The landscape is dotted with ancient windmills that were once used for crushing sugarcane.

The tourist industry has developed rapidly in recent years, not only because of the lovely beaches and coral reefs, but thanks also to the warm hospitality typical of the French West Indies.

Guadeloupe is chiefly a rural society with most people living

outside the towns, away from the tumult and stress of urban life. The two exceptions are Pointe-à-Pitre (our largest city) and the town of Basse-Terre. Most towns are on the coast.

Agriculture is the chief source of income. Industrial growth has been held back by a shortage of electrical power and useful minerals.

Our many favorite activities include dancing, outings, picnics, beach parties and walks in the countryside.

Sports are particularly popular. The climate favors sailing, swim-



always a lot of conversation, story telling, laughter and food.

Sunday meals are usually special. We may have beans, rice, chicken and fruit. On other days, fish, yams and sweet potatoes are commonly served.

Of course, no invitation is ever required. Mothers and grandmothers always make extra food in case guests should arrive.

Although life here is serene and peaceful, Guadeloupe is not cut off from modern civilization. As the sun rises, lighting up the coasts of Guadeloupe, the main commercial and administrative centers of Point-à-Pitre and Basse-Terre are already bustling with activity.

The bus stations are crowded with people and the vehicles that have brought them from all over. Students, secretaries, retired people, salesmen, civil servants and people of all ages fill the streets with activity and color.

Because many people cannot afford cars, and because there is a lot of traffic in the cities, public transportation is heavily used.

In the buses there is a lively and good-natured atmosphere as the passengers chat and recount their latest stories. In the background, the radio blares our latest hits, bringing a note of gaiety into the trip.

A visitor would find it hard to follow the conversations in the chief language, Creole. Although French is the official language, Creole is widely spoken. It's a mixture of languages including French, English, Dutch and Spanish.

Railroad tracks are rarely seen nowadays. If you do see a train, it will be carrying sugarcane to the refineries.

Children can begin school at an early age. From ages 3 to 6, children may attend infant school. They then go to the local school until age 10 or 11, and to secondary school until age 14. Finally comes the lycee form (equivalent to high school) where they may pursue higher studies after the baccalaureate (an oral and written examination taken to qualify for a diploma). All the

usual arts and science subjects are taught.

Although there is a university in Guadeloupe, most would prefer to attend a university in France because of greater job opportunities there.

Guadeloupe has not escaped the problem of unemployment. Work can be found in the public and private sectors, but it is not always easy.

Although rural areas are less affected than cities, there is nevertheless the problem of drug abuse that is common in certain areas.

Guadeloupe is known for its hospitality and the gentleness of its inhabitants. If the towns have their particular problems, the countryside and villages are calm and peaceful.

Children linger on their way home from school and compete to see who will be the first into the mango tree that, here, belongs to everyone. You will see adults, too, strolling along the sidewalks beside swaying palms and hibiscus plants blown by the breeze from a nearby beach.

The weather, vegetation and our life-styles have influenced the design of our homes — particularly our *case* houses. These are small wooden homes. Originally they were covered with straw, but now corrugated iron is used. Old wooden colonial houses are also common.

Recently, however, house construction has evolved along modern lines. Reinforced concrete is the newest material used for apartments and private homes.

The much loved *case* homes still abound. The old ways of leaving doors open to the four winds has not gone, and you can still see houses propped up at the corners on stones. Such dwellings may sometimes seem precarious and fragile, but perhaps they reflect a deeply rooted confidence that comes from a long history of patience and quiet hope. □

This article was written by Joelle Guidido, Cynthia Grosdubois, Annick Colombo, Claudia Carbonnel and Christiane Laramy.

Teen in UPE?

ming, wind surfing, tennis, basketball, football and many others. The most popular sports are cycling and soccer.

For two weeks in July, cyclists from a variety of nations gather for our annual competition. It's a big event for the whole country. We all check the schedules to see when the cyclists will be through our area. Of course, we stay tuned to the radio to hear how our favorite teams are doing.

Sunday is a favorite day for family get-togethers. Whole families will show up at their grandparents' home. There is

IDEAS PLUS

Stamps of Approval

My stamp collection wasn't growing very fast. I needed help.

I had started with a colorful stamp I had found on a postcard in the mail. I tore it off the card and when I had collected several more interesting stamps, I pasted them all to a sheet of paper.

But I soon needed other ways to satisfy my stamp collecting ambitions. After rummaging through the attic and asking local businesses to save stamps for me, I realized that my collection was not going to grow as fast as I wanted without some help.

That's when I found out about approval services. "100 foreign stamps for 10 cents!" read the

amount of time to examine the stamps and decide whether or not you'd like to buy them. Any stamps you don't want must be mailed back to the company (you pay the postage). If you should damage or lose them, you will have to buy them.

Approval services can be a big boost to stamp collectors. They can help you build your collection at a reasonable cost.

Todd Patric, general manager of the Jamestown Stamp Company, suggests that the beginning stamp collector pick a topic of interest, such as animals, boats, history or a certain country, and then try to collect as many stamps in this category as possible. If you write a letter to an approval service telling them what you are interested in,

usually they will send you stamps mostly from the category you want.

Just remember to send back anything you don't want to buy. It is important to be responsible when involved in this kind of buying situation.

Many companies feature introductory gifts that are free or inexpensive. Be sure to ask about them when you request approvals.

So how do you find an approval service? The easiest way is to check magazine and newspaper advertisements. Approval services usually advertise special introductory offers like the one I got. You can also check with other collectors in your area. This is a good way to find out what kind of service a

company gives.

So if you're tired of digging for every

new stamp you add to your collection, think about joining an approval service. — *By Michael Warren* □

Not Just for the Birds

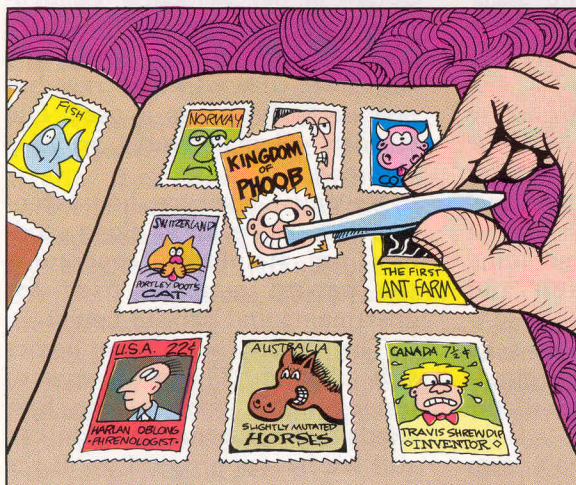
Imagine three railroad locomotives lifting off their rails together and flying through the air. That's how much the giant airliners weigh, yet they take off and land every day!

How can 750,000 pounds (340,000 kilograms) of metal and plastic take to the air — and stay there?

The principles of flight have always been there. Humans, though, didn't learn how to use them until 82 years ago this month when Orville and Wilbur Wright took to the air. (For more about the amazing accomplishment of the Wright brothers, see page 12.)

Do you know what keeps those big aluminum birds in the air?

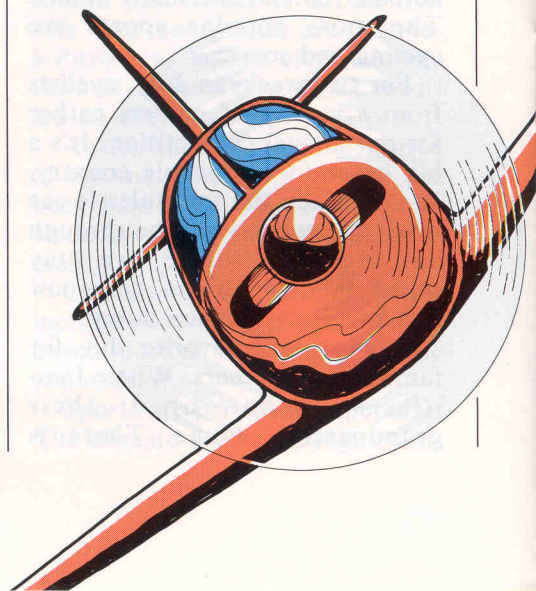
The two main



magazine advertisement. It seemed too good to be true. The company also said it would send me stamps "on approval." This is a service that many companies of this type provide.

It works like this: The company sends you packets of stamps every so often.

You are given a certain



principles that make takeoff possible are *lift* and the *angle of attack*.

To see how the shape of the wing produces lift — the force that lifts a plane off the ground — take a long, narrow strip of paper and place its edge just below your lower lip. The harder you blow over the top of the paper, the higher it rises!

The reason for this is that the faster the air travels over the paper's surface, the less pressure it exerts on that surface, causing the surface to move toward the area of lower resistance.

The wing of a plane is designed to make the air traveling over the top move faster than the air traveling beneath.

The increase in the speed of the air causes lower pressure above the wing, which produces lift — just as it did in the paper experiment.

The lifting force created by the shape of the wing itself, though, is not enough for takeoff. A

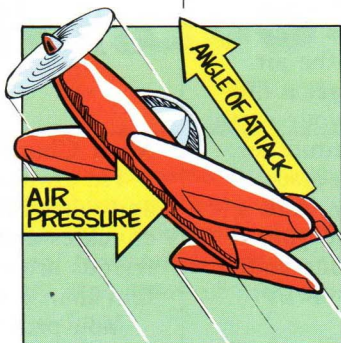
sharp angle of attack is also needed.

At the airport, you can see planes

rising steeply as they take off. To see how this sharp angle also helps the airplane take off, take an index card and place it under the palm of your hand. Slant your hand similar to the “angle of attack” of a plane at takeoff and run forward.

The air pushing against the card keeps it on the palm of your hand. Similarly, air pushing against the bottom of an airplane's wings at takeoff forces them upward.

Now the next time you fly anywhere, you'll know why the sky is no longer just for the birds. — *By Rod Sedliacik* □



summer sun. Cold temperatures, cold winds and dry, overheated homes combine all the environmental insults that rob moisture from your skin, making it age and wrinkle faster. At the least, your skin itches and looks scaly.

Winter sports like skiing subject you to the most damaging exposure of the sun's ultraviolet rays because of the higher altitude and the reflection of the sun off the snow.

Does this mean you should spend all winter indoors huddled up against your humidifier? No, but here are some precautions you should take to keep your skin protected in the winter.

Windburn. If you are going out in the cold wind, protect all exposed areas of your skin —

especially your face. Clothing can cover most vulnerable areas.

For the others, a thick ointment or an application of petroleum jelly is recommended more than a simple cream or lotion. (Sounds messy, but it works.)

Chapping. Chapping is caused when wind and cold draw moisture out of the skin. Hands and lips are the primary targets during cold weather. To prevent chapping of the lips, apply petroleum jelly or a lip balm *before* you go outside. Using a sunscreen on your lips is also advised, as lips do get sunburned and are a prime victim



Your Skin Will Love You for This!

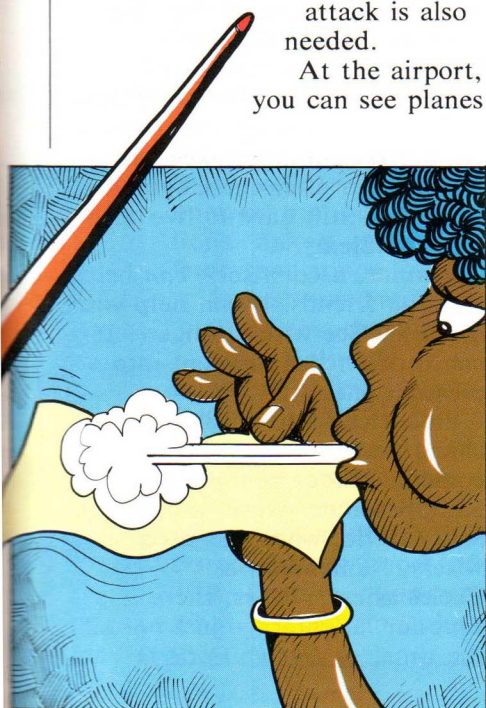
“Out of sight, out of mind.”

Does this saying describe your winter skin care routine? Since so many of us cover much of our skin with heavy, bulky clothing in the winter, we tend to put our skin under wraps and forget about it.

But the winter winds can be just as harsh on your skin as the

for skin cancer.

Chapped hands can be prevented by being generous with hand lotion before putting on your gloves or mittens. Don't spend long hours in the cold without some sort of hand protection. Your fingers are among the most vulnerable parts of your body to frostbite, so keep



them well protected.

Sunburn. A sunburn in the winter? Yes! It can and does happen because the snow is a powerful reflector of the sun. Not only can your lips, nose, cheeks and eyelids get badly burned, but so can the corneas of your eyes.

If your winter ventures take place in the snow, don't neglect to use a sunscreen with a high sun protection factor (SPF). (See "The Right Way to Tan Your Hide" on page 22 of the June-July, 1984, issue for more information on the SPF and how the sun affects your skin.) Cover up your skin as much as possible

with clothing and wear goggles or tinted sunglasses to protect your eyes.

Dry, overheated homes. Even if you don't set foot outdoors, your skin can still suffer the ill effects of winter from the heating system in your home. Furnaces and fireplaces suck a lot of moisture out of the air.

To counteract this, set a few pans of water around your room or purchase a room humidifier. Your plant friends can also provide some humidity. Add a few drops of bath oil to your bath and moisturize your body with lotion afterward. — *By Wilma Vernich* □

Improve Your Memory — and Your Grades!

Did you know that you will probably forget 80 percent of anything you learn within 24 hours after learning it?

That's discouraging — especially at test time! There is a solution, one that will help you remember what you learn and make test time a lot more bearable. It takes a little effort, but it's still a whole lot easier than trying to learn it all in one night.

Suppose you know a history exam is four weeks away. You have some material that you think will be on the test. To make sure you'll remember it when exam time rolls around, follow this pattern of review.

Do your first review of the material shortly after hearing or reading things that are new. Why? Amazingly, ability to recall actually goes *up* shortly after learning something

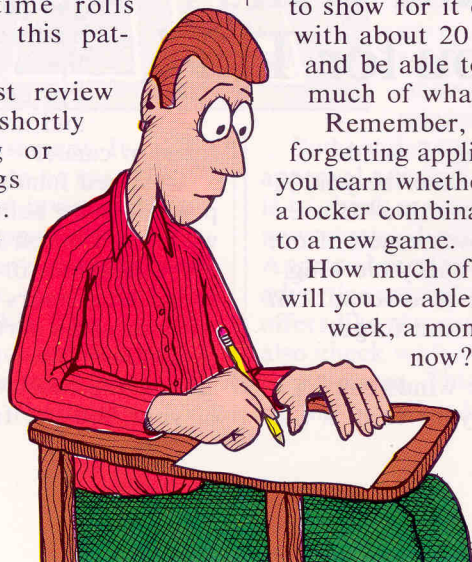
new. This is because your mind has a chance to sort out the new information and put it all together. This first review should be enough to keep the material in mind for a day.

After 24 hours, you should review the material again. Only a few minutes are needed. Another review after a week, then again a month after first learning it, and you'll have most of that information packed into your brain's storehouse for good.

If you don't follow this pattern, think of all the time wasted! You can either invest an hour learning and have nothing to show for it or spend an hour with about 20 minutes review and be able to remember much of what you've learned.

Remember, this pattern of forgetting applies to everything you learn whether it's homework, a locker combination or the rules to a new game.

How much of your studying will you be able to remember a week, a month, a year from now? The choice is up to you. — *By Will Flaman* □



Proverbs for Today: "Good Time" Charlie

Meet Charlie, the class clown.

He always has the wisecracks and witticisms. It seems like chuckles and guffaws from his friends are more important to him than good grades.

You probably know people like Charlie. There's usually one in every class.

King Solomon was once a bit like Charlie. He tried many different life-styles in his pursuit of happiness. Along the way, he discovered that laughter doesn't do the trick — it's not the magic key to happiness. That's what he meant in Proverbs 14:13: "Even in laughter the heart may sorrow, and the end of mirth may be grief."

Of course, humor can add a lot of spice to life. And have you ever heard that laughter is the best medicine? But neither spices nor medicine are something you use lots of, or use all the time.

Often, people depend on laughter to hide feelings of inadequacy. They deal with these feelings by focusing attention on themselves through jokes and pranks. But after the laughing is over, they still have to live with their problems.

Humor, used wisely, *can* help win you friends. It can help you break the ice with strangers. It can turn a tense moment into a pleasant one.

But it can also become a shield that the would-be comedian hides behind. And, as King Solomon wrote, it can even lead to grief when not used wisely. Remember, as Ecclesiastes 3:4 says, there *is* a time for laughter — just not all the time! — *By Jim Roberts* □

Teen Bible Study

What's in a NAME?

By Richard A. Sedliacik

Even though your parents probably gave you your name when you were born, during the years since then you have been giving *yourself* a name. Now when people think of your name, they also think of the reputation you've been building.

Having a good name — a good reputation — can lead to many benefits and privileges at home, at school and at work. It can greatly improve a person's chances for success in life.

What can we all be doing now that will guarantee us a good name — one that will gain the respect of parents, teachers, bosses and also friends?

Before beginning this study to learn the answers, be sure to get a Bible, a pen or pencil and some paper. Reading and writing out the Bible verses that answer the questions asked will help you remember the important principles you'll be learning.

1. Just how important is it to have a good name? Proverbs 22:1.

King Solomon, the wisest of all men because of the wisdom given to him by God (1 Kings 3:11-12), said a good name is worth more than great riches. He knew from practical experience and observation the value of a good name. He knew that many advantages and privileges come to the person with a good reputation.

2. Does a good name come from doing what is right and pleasing in God's sight?

Proverbs 21:21, 11:27, 14:9, 20:11.

Whether young or old, those who are sincerely trying to do what is right will be respected more and more by God and others. When their names are mentioned, they are remembered for the good they have done and the character they have developed as a result.

3. But what about the young person or adult who doesn't care about doing what God says? Will he or she be respected? Proverbs 12:8, 13:5, 10:7.

Realizing how important it is to follow the principles God has given us in the Bible, let's learn about some specific things we can be doing to build a good name.

If you begin to do these things now, you will start building the kind of reputation that will stand you in

good stead for the rest of your life!

4. How does the Fifth Commandment read? Exodus 20:12. Will the young person who respects and honors his or her parents be gaining favor in their eyes? Proverbs 10:1, 23:24-25, 15:20. What about those who disrespect their parents? Proverbs 20:20, 17:25, 28:7, 19:26.

A wise young person will be striving to honor and respect his or her parents, following their instructions and advice to the best of his or her ability.

A positive and cooperative attitude will bring privileges and opportunities a foolish



A person's name is a pretty important thing — especially when it stands for a good reputation!

son or daughter would not be given.

Such favor does not come overnight. It is the result of consistent, trustworthy conduct over a period of time.

You probably have already shown considerable respect for your parents. Why not begin now to show them even greater respect? This will build even greater respect for you in return!

5. Just how important is it to be truthful and to think twice before we speak? Proverbs 12:22, 10:18, 17:27-28, 15:1, 23.

A hasty remark can get you into trouble and end up seriously hurting your reputation, as well as that of others. Think before speaking — don't always say the first thing that comes to mind. It might be better to say it later or not even say it at all!

Gossip and slander will hurt the reputation of the person who spreads it in the end. Avoid such talk completely! Work at being known as cheerful and helpful — a person who has positive, encouraging words to say to and about others.

6. Will bragging and boasting about ourselves end up getting us into trouble — will shame come to the person who is filled with pride? Proverbs 27:1-2, 20:6, 11:2, 16:5, 18. But will God (and humans) honor the humble — those who are less concerned about themselves or their accomplishments and more concerned for others? Proverbs 18:12, 29:23.

Pride causes people to do and say things that bring shame and troubles on themselves.

Vain people are mostly concerned about themselves and talk mostly about themselves, their accomplishments, plans and goals. They have little, if any, concern for others. Solomon warns that such an attitude will not only ruin reputations, but be devastating to character!

Those who are humble, who realize they don't know it all, who admit mistakes when they make them, who listen to advice and correction, who are concerned about others, will receive the honor of both God and man.

7. Will a diligent, hard worker who does excellent work be looked up to by others and even stand before important people? Proverbs 22:29. But what about those who are lazy and irresponsible? Proverbs 10:5, 26, 25:19.

Good grades, awards, praise and promotions go to those who are known as diligent, hard workers who excel in what they do! Adults respect and admire young people

who are serious about their work, who are careful to do it right, who will not compromise standards of quality and excellence. Such people eventually become known by influential people. The lives of Joseph and Daniel are certainly classic examples of this.

8. So far, we have learned about the kind of actions that will earn a young person a good name. We have seen some of the many benefits that result. But what happens to the person Solomon calls a "fool"? Proverbs 3:35, 14:33, 35. Will he bring shame and reproach on his parents? Proverbs 17:21.

The fool does not enjoy the benefits of the wise person. Unless he changes his ways, he will eventually bring reproach and destruction on himself. No wise person wants to be in the company of a fool (Proverbs 13:20).

9. As a young man, did David have a good name — a sterling reputation? I Samuel 16:18. Did he continue to have a good name throughout the remainder of his life, enjoying the respect of God and man? I Samuel 18:30, Acts 13:22, 7:46.

Even as a young person, David was respected. His basic motivation in life was to obey God to the best of his ability. On many occasions, he resisted the temptation to be revengeful — to act rashly and harm Saul, the king of Israel who wanted to kill him out of jealousy. Most important of all, David was highly regarded by the almighty God Himself!

10. What kind of reputation did Jesus Christ have as a young person of age 12? Luke 2:40. Did He continue to grow in favor with God and man? Verse 52.

As a young man, Christ took life seriously and prepared Himself for His future work. The way He acted and the words He spoke earned the respect and admiration of the adults who knew Him.

What is the basic reason heroes of the Bible, such as Joseph, Ruth, Daniel, Esther, as well as David and Christ, have such good names?

As young people and adults, they worked hard to obey God and treat people with kindness and respect. They followed the principles for successful personal relationships explained in the Bible.

Remember: You were given a name by your parents, but what pops into the minds of others when your name is mentioned is largely determined by you! So do your best to make your name a good one! □

Hidden Knowledge

(Continued from page 2)

the heavens and the earth” (Genesis 1:1).

The Hebrew words in which Moses originally wrote that sentence imply a perfect creation — not one in chaos and confusion, as described in the second verse. Many scriptures in other parts of the Bible reveal great world-shaking events that occurred between the time of the first and second verses of Genesis one.

In the book of Job the original creation is described as so perfect and so beautiful that the angels shouted for joy. God the Creator is described as asking Job: “Where were you when I laid the foundations of the earth? Tell Me, if you have understanding . . . When the morning stars sang together, and all the sons of God shouted for joy?” (Job 38:4, 7).

There was worldwide peace on earth for some time after the earth was first created, because the government of God was being administered here then. For how long a duration is not revealed. It could have been millions of years. In any event it lasted until about 6,000 years ago.

When this earth was first created, God, the Creator-Ruler of the universe, set one of two highest-ranking archangels — a cherub — who was thoroughly experienced in the administration of God’s government, as king to administer the government of God over the earth.

And all that, too, is knowledge hidden from the world today. And that involves also another important bit of hidden knowledge — the very ORIGIN of this Satan, the devil.

Notice what Isaiah reveals about this Lucifer or Satan. “How you are fallen from heaven, O Lucifer, son of the morning! How you are cut down to the ground, you who weakened the nations! For you have said in your heart: ‘I will ascend into heaven, I will exalt my throne above the stars of God; I will also sit on the

mount of the congregation on the farthest sides of the north; I will ascend above the heights of the clouds; I will be like the most High.’ Yet you shall be brought down to Sheol, to the lowest depths of the Pit” (Isaiah 14:12-15).

This superarchangel who became Satan (see Ezekiel 28:12-17) led one third of all the angels — the whole earth’s population — in his war of aggression. And he is deceiving the whole earth today!

As a result of this colossal earthwide mutiny and rebellion against the government of God, a physical destruction put this whole earth into chaos and darkness, and that’s what we find described in Genesis 1:2: “The earth was without form, and void; and darkness was on the face of the deep. And the Spirit of God was hovering over the face of the waters.”

Renewing the earth

Then in six days God RENEWED the face of the earth: “You send forth Your Spirit, they are created; and You renew the face of the earth” (Psalm 104:30).

So now, notice the first thing God did in *renewing* the face of the earth: “Then God said, ‘Let there be light’; and there was light” (Genesis 1:3).

It was on the sixth day of renewing the face of the earth that God created the first HUMANS — when MAN was first put here on this earth — for a tremendous purpose that also has been WITHHELD from public knowledge. “Then God said, ‘Let Us make man in *Our* image, according to *Our* likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth’ ” (Genesis 1:26).

Satan DECEIVED the first woman and got to Adam through his wife. Adam rejected God’s revealed knowledge — just as humanity has been doing ever since — disobeyed the govern-

ment of God, allowed the SAME ATTITUDE that Satan had to enter his heart — the self-centered attitude of vanity, lust and greed, of selfishness, of resentment against authority — especially the authority of God — of total unconcern for the good or welfare of others, of jealousy, envy and hatred.

And all humanity, under the sway of this active Satan, is traveling that way of life still. And that is the very CAUSE of all humanity’s ills and evils in this sick, sick world today.

Happily, the time is coming, SOON, when this whole world is going to be jolted into waking up to this vital knowledge, so long HIDDEN from a sleeping and sick world! □

Your Future

(Continued from page 8)

tion. Summer jobs and vocational education classes are also good ways to learn about careers.

Putting it all together

You must have this knowledge to make wise career choices, but it is not all you need. You must also learn how to use this knowledge to make good decisions. Good decision making requires looking at all the information about yourself and how well you would fit into different careers.

List the different careers you are interested in, examining the pros and cons of each one. Ask your parents and other adults for help in your career choice process. They have known you for a long time and have a lot of experience in making important decisions. After you have done all this, you will be able to make a well-informed choice.

Choosing the right career doesn’t happen overnight. Wise career decisions require many hours of learning about yourself and the world of work. Don’t “run into a brick wall” like Joe did. Put these lessons into action now. It will help you make the right choice later. □

Are You Sure?

(Continued from page 5)

situation that you may be unable to control. Parents tend to think of you as their little boys and girls still and avoid facing up to the fact that you now have strong sexual drives.

Ask them to help provide opportunities for the balanced social and recreational opportunities you and your friends need. Parents may be tired and filled with problems of their own, but it would be difficult for them not to respond when you point out the need. Of course, don't expect your home to become a total entertainment center at all hours, day or night.

Choose friends wisely

Now comes another hard part — getting yourself out of the entanglements you are already involved in. Be honest. Go to the person you may be steadily dating and tell him or her how you feel. Tell your friend you're not turning against him or her as a friend, but make it clear that what you want is a friend, not a lover.

Evaluate your friends and their moral standards — even if you're in the "in" crowd. In the long run it's not who's in the "in" crowd that matters. It's your success and happiness in the future that matters. It might be interesting to ask your parents: "Whatever happened to the people who were in the 'in' crowd at your high school? Where are they now and how successful and happy are they?"

This article is not going to be a long dissertation on the dos and don'ts of sex. It's too broad a subject. *Youth 85's* Editor-in-Chief Herbert W. Armstrong, however, after years of counseling hundreds, more likely thousands, of teenagers and other young people, has written a book that covers the subject in-depth. In his book, *The Missing Dimension in Sex*, Mr. Armstrong discusses going steady, dating, the best age for marriage and other instruc-

tion vital to the happiness and fulfillment of teenagers and adults. It is absolutely free. It is also available in many libraries.

We do care about you, Cindy, and all you others out there who are bucking a crowd on its way to venereal disease, unwanted pregnancies, unhappy and broken marriages and a generally miserable, unsatisfying life. You have the opportunity to avoid these painful problems and, instead, to have the enjoyment now and the tremendous marriage later that God intended.

Cindy — stick up for your values. You're definitely worth it! □

Bird in the Hand

(Continued from page 11)

out of the nest also. I found it sitting on the ground — a disheveled bundle of feathers, nursing a bent beak. I put it back carefully into the nest, and made the barrier higher.

Another time, we found the chick under aerial attack from a pair of parakeets that we had bought ("\$9 — each"). I think they were just being playful, but they were frightening the poor chick out of its wits. The parent doves could only hop around helplessly.

If this little bird was ever to make it to adulthood, he would have to be protected. I put up a screen to separate the doves from the parakeets — to the parakeets' great indignation.

Learning to fly

The real problem came when the little bird thought it could fly. It would crawl out of the nest, and edge gingerly along a wooden perch, about six feet (nearly two meters) above the ground. It would balance precariously for a while, then, with a great flapping of stubby wings, plummet to the ground. (The water bowl had been moved and we put some straw down as a landing pad.)

The chick couldn't get back up to the nest, so it would waddle around on the ground, then sit

miserably in the corner waiting to be lifted back home.

By now the parents had forgotten about it. They were preoccupied with another clutch of eggs. The chick seemed to be able to feed itself, but we gave it some mash every now and then just to make sure. We'd made it this far, and we didn't want to lose it through starvation. The instruction book warned that could happen.

Well, that chick is a bird now. He has taken his place (I think it's a he) in the aviary. The parakeets have been let back in, but they leave him alone — he's bigger than they are. His baby feathers have gone, and he looks just like his parents — a bit smaller perhaps, but putting on weight fast.

The pet shop said they would buy any doves we breed.

Maybe we'll sell them some one day (at a fair price — each). But not this one. He's special.

He was a lot of trouble, but he's worth it.

Is there any point in this story? Perhaps yes.

When I was building barricades round the nest, and keeping the parakeets at bay, I thought of my own teenage children, and the 28 other teenagers in a class that I teach every day.

And people like you.

Your parents have lovingly reared you. Now you are nearly ready to move out into the world on your own. Nearly ready — but not quite.

While our doves were little, they stayed in the nest, and they were quite safe. But it was when they were nearly ready to leave the nest that they began to get into trouble. One didn't make it. The other had to be rescued many times.

Those last few years, just before *you* are really ready to leave home are the times when you need the most protection. Try to understand why your parents don't give you quite as much freedom as you might want.

They aren't trying to stop you from going places.

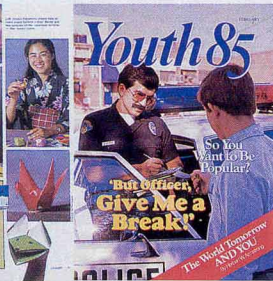
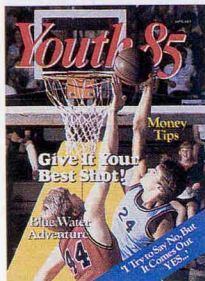
They want to see you fly! □

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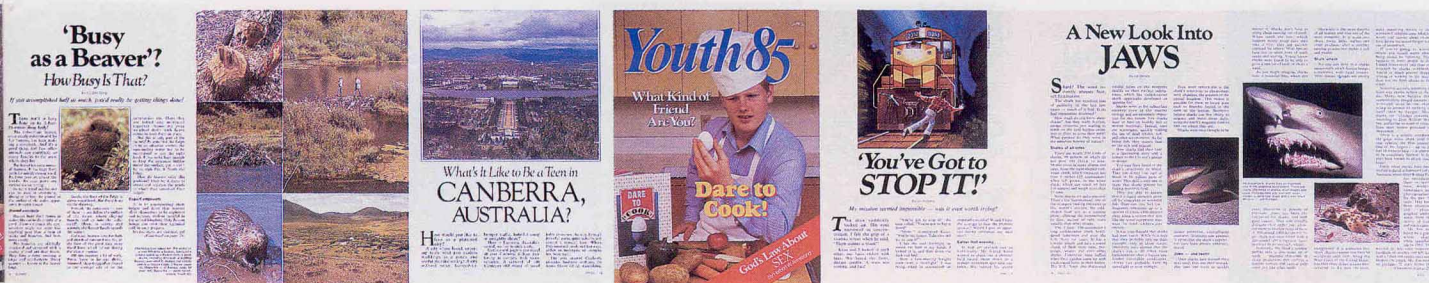


WHERE DID I READ THAT?

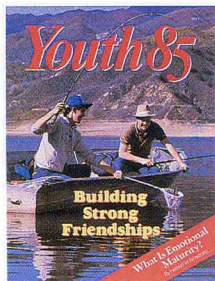
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What Is Emotional Maturity?

During the last decade, the concept of emotional maturity has become a popular topic. It's the idea that as we grow older, we become more emotionally stable and more able to handle the stresses of life. But what does emotional maturity really mean? Is it just a fancy term for being grown-up? Or is it something more profound? In this article, we explore the meaning of emotional maturity and how it can help us live more fulfilling lives.



There Is a Computer in Your Future

The computer is one of the most important inventions of our time. It has changed the way we live, work, and play. But what does the future hold for the computer? Will it continue to grow, or will it be replaced by something even more advanced? In this article, we look at the possibilities for the future of the computer.



What's It Like to Be a Teen in BEIJING, CHINA?

Peking is a city of millions, a city of ancient traditions and modern wonders. But what is it like to be a teenager in this bustling metropolis? In this article, we hear from a young person who has lived in Beijing and shares their experiences.



Need Some Extra Cash?

Needing extra cash is a common problem for many teenagers. Whether it's for a new outfit, a car, or just to have some money on hand, there are many ways to earn extra cash. In this article, we share some ideas for how to make money as a teenager.

You Were Born to Be a KING

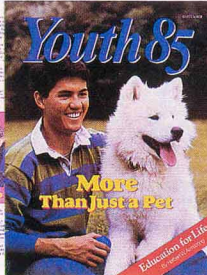
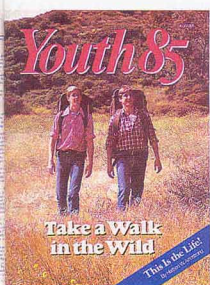
Did you know that you were born to be a king? It's true! You have the potential to be a great leader, a great friend, and a great person. In this article, we explore the qualities that make a great leader and how you can develop them.



Ring, Ring, 'Yeah, Hello, Who's This?'

You've probably heard the phone ring and pick up to find a stranger on the other end. But what if you could control who calls you? In this article, we share some tips for how to handle unwanted calls.

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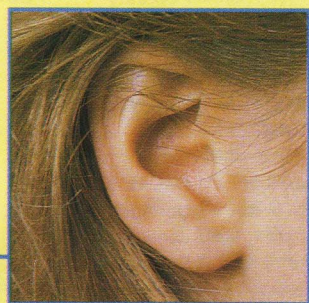
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Coming Attractions

...IN FUTURE ISSUES

"Should I Be Studying This?"

What can a student who believes in God do when evolution is taught as fact?



When You Speak,

does anybody listen?

Here are some tips on what to say and how to say it so people will listen.

Face to Face With Fear.

Lions *only* kill 20 people a year in Nigeria — but one is quite enough!



"And Sandra Screamed Past"

A short guide to safe snow skiing.

An English Nanny.

It's not just a job, it's an adventure!

It's Snack Time!

Winners of the snack contest revealed.

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